



UKCC/BCU Level 2 Training paddle sports course

Day 1 – Meet 9.00 AM at Venue

- Course introductions
- Safe working environments , Responsibility & risk management
- Fundamental paddle sport skills Revisited
- Forward paddle, TTPP, Obs & analysis self check, body shape
- Teaching and learning styles ,VAK

Day 2– Meet 9.00 AM at Venue

- Review of day 1
- Plan and deliver sessions
- Session planning single session
- Deliver session
- Planning progressive sessions
- Understanding needs
- Evaluating performance
- Feed back and questioning

Day 3 – Meet 9.00 AM at Venue

- LTPD & Paddlepower
- Technical understanding kayak / canoe
- Equity & Equality
- Steering & turning , x stream
- Session management & working on grade 1
- Level 2 UKCC Portfolio Tasks and working towards assessment

Day 4 – Meet 9.00 AM at Venue

- Goal setting and action plans
- Tandem & crew
- Fun games and rescue assessment
- Deliver coaching sessions assessment task
- Complete paperwork